THE ULTIMATE ESTHETICIAN MASTER CHECKLIST

Comprehensive Treatment Room Requirements, Supplies, and Furniture Guide

Operational Notice: Use this comprehensive verification checklist to blueprint your workspace setup, audit your mandatory initialization equipment, and manage your daily chemical skincare inventory in strict 1:1 synchronization with professional state licensing board requirements.

1. TREATMENT ROOM & LEASE REQUIREMENTS

- [ ] **Spatial Clearance (100–120 sq. ft. minimum)**
  Ensures proper structural clearances to centralize a specialized bed and maintain an unhindered 360-degree technician movement field.
- [ ] **In-Room Hot & Cold Running Water Sink**
  A strict, non-negotiable health department code requirement for safe chemical mask removal and immediate hands-on sanitation.
- [ ] **Non-Porous Flooring & Surfaces**
  Vinyl, tile, or completely sealed commercial laminate floors engineered to withstand rigorous medical-grade decontamination fluids.
- [ ] **Dedicated 20-Amp Electrical Circuitry Outlets**
  Prevents system power line trips when active steamers, heavy magnifying lamps, and high-frequency units draw current simultaneously.
- [ ] **Acoustic soundproofing Insulation**
  Guarantees a serene, undisturbed customer sanctuary free from neighboring salon environment noise bleed.

2. SKINCARE PRODUCT ESSENTIALS

- [ ] **Cleansers Stack** (Professional-grade Gel, Cream, Oil, and Foaming formulas)
  Tailored to properly balance skin pH levels and clarify unique surface lipid profiles.
- [ ] **pH-Balancing Toners & Exfoliants** (Chemical Alpha/Beta Hydroxy Acids & Physical Scrubs)
  Removes dense keratin layers and promotes accelerated cell turnover markers.
- [ ] **Targeted Treatment Serums** (Acne management, hyperpigmentation, advanced anti-aging)
- [ ] **Intensive Treatment Masks** (Hydrating creams, clay purifying, and customizable Hydrojelly layers)
- [ ] **Broad-Spectrum Daily Sunscreen (SPF 30+) & Custom Moisturizers**
  Mandatory structural barrier protection to completely shield delicate post-treatment skin layers.

3. CORE IMPLEMENTS & FURNITURE (PHASE 1 MUST-HAVES)

- [ ] **Adjustable Electric Treatment Bed/Chair**
  Must feature an easily chemical-washed, non-porous antimicrobial textile overlay.
- [ ] **High-Output Magnifying Lamp (Mag Lamp) & Facial Steamer**
  Essential for micro-extraction targeting mapping and opening tightly locked pore structures.
- [ ] **Mobile Utility Trolley & Rolling Supply Cart**
  Provides ergonomic, swift accessibility to core clinical tools right within the esthetician's immediate reach.
- [ ] **Ergonomic Adjustable Technician Stool**
  Prevents physical career fatigue by facilitating excellent pelvic alignment and lumbar support.
- [ ] **Skin Analysis System (Wood's Lamp / Skin Scanner)**
  Exposes underlying structural UV dehydration patches, sub-surface lipids, and hidden damage zones.
- [ ] **Professional Wax Warmer, Strips, & Pre/Post-Wax Chemical Stock**
- [ ] **Precision Hand Implements** (Professional Tweezers, Trimming Scissors, Application Brushes)

4. ADVANCED MODALITIES (PHASE 2 SCALE-UP DEVICES)

- [ ] **High-Frequency Cosmetic Skin Wands**
  Utilizes thermal currents to eliminate acne-causing bacteria and optimize circulation.
- [ ] **Professional Diamond/Crystal Microdermabrasion Machine**
- [ ] **Targeted LED Light Therapy Multi-Wave Panels**
- [ ] **Microcurrent Muscle Toning & Ultrasonic Skin Scrubbing Devices**

5. HYGIENE, DISPOSABLES, & DECONTAMINATION STACK

- [ ] **Medical-Grade Autoclave or UV Sterilizer Tank**
  The absolute mandatory standard for destroying living micro-organisms on reusable metal implementations.
- [ ] **Disposable Nitrile Gloves & Hygienic Product Spatulas**
  Eliminates cross-contamination vulnerabilities during extraction phases or mask applications.
- [ ] **Sterile Gauze Sheets, Cotton Rounds, & Single-Use Lancet Extraction Needle Packs**
- [ ] **Client Comfort Linen Upgrades** (Aesthetic Headbands, Protective Plush Robes, Soft Blankets)